

THE FAMILY DECADE



Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



Our Father



3 Hail Marys

Glory Be



Announce a Mystery, then say an Our Father

Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding in the Temple

Luminous Mysteries

1. The Baptism of Christ in the Jordan
2. The Wedding Feast at Cana
3. Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Decent of the Holy Spirit
4. The Assumption
5. The Coronation of Mary



10 Hail Marys

Glory Be + Fatima Prayer



Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God, that we may be made worthy of the promises of Christ. Amen

PRAYERS, MYSTERIES, AND FRUITS

Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

Hail Mary

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy. Amen

Joyful Mysteries

1. The Annunciation (*Luke 1:26-27*)
Fruit: **Humility**
2. The Visitation (*Luke 1:39-42*)
Fruit: **Love of Neighbor**
3. The Nativity (*Luke 2:1-7*)
Fruit: **Poverty**
4. The Presentation in the Temple (*Luke 2:21-24*)
Fruit: **Purity of Heart and Body**
5. The Finding in the Temple (*Luke 2:41-47*)
Fruit: **Devotion to Jesus**

Sorrowful Mysteries

1. The Agony in the Garden (*Matthew 26:36-39*)
Fruit: **Obedience to God's Will**
2. The Scourging at the Pillar (*Matthew 27:26*)
Fruit: **Mortification**
3. The Crowning with Thorns (*Matthew 27:27-29*)
Fruit: **Courage**
4. The Carrying of the Cross (*Mark 15:21-22*)
Fruit: **Patience**
5. The Crucifixion and Death (*Luke 23:33-46*)
Fruit: **Sorrow for our Sins**

Luminous Mysteries

1. The Baptism of Christ in the Jordan (*Matthew 3:16-17*)
Fruit: **Openness to the Holy Spirit**
2. The Wedding Feast at Cana (*John 2:1-5*)
Fruit: **To Jesus through Mary**
3. Proclamation of the Kingdom (*Mark 1:15*)
Fruit: **Conversion**
4. The Transfiguration (*Matthew 17:1-2*)
Fruit: **Desire for holiness**
5. The Institution of the Eucharist (*Matthew 26:26*)
Fruit: **Adoration**

Glorious Mysteries

1. The Resurrection (*Luke 24:1-5*)
Fruit: **Faith**
2. The Ascension (*Mark 16:19*)
Fruit: **Hope**
3. The Decent of the Holy Spirit (*Acts 2:1-4*)
Fruit: **Wisdom**
4. The Assumption (*Luke 1:48-49*)
Fruit: **Devotion to Mary**
5. The Coronation of Mary (*Revelation 12:1*)
Fruit: **Grace of a happy death**